Our popular Hike, Rappahannock community challenge is back! To participate, go on at least one hike during the month of October. Hikes can be done at ANY LOCATION and ANY DISTANCE. Have a favorite trail? Yes, repeating the same trail counts.

To enter the challenge: Register at www.rappc2bf.com/wellness-challenge . Then, record your hikes below. You will receive one point for each hike that you take during the month. Also, you will receive an additional point if you share a pic on our FB page (search Hike Rappahannock) or email us a pic so that we can share on your behalf. Then, email your total points to c2bf@rappahannockschools.us (or drop the completed scorecard to the RCPS school board office) by Friday, November 3rd, to be entered into our prize drawings. You will receive an entry into the prize drawing for each point you get during the month. For example, 3 hikes and 2 pictures will be a total of 5 entries into the drawing! **We will be having two prize drawings; each winner will receive a C2BF hat!** This challenge is open to the entire Rappahannock community. We encourage families to participate too, but please complete a scorecard for each family member (5 years of age and up)! Get ready to have some fun physical activity while enjoying the beautiful scenery!

DATE	LOCATION OR TRAIL	POST OR EMAIL PIC? If yes, add 1 extra point.	TOTAL POINTS
		Total Points	

NAME: EMAIL:

commit to be fit