

Suggested Levels: 8-12

Time: Less than 5 minutes

Foundation: Hand/eye Coordination

Equipment: Students should have a paper and pencil available

Objective: Promotes movement to refocus the brain while practicing basic math skills.

Description: Have students pair up, facing one another. On the count of 3, have each person in the pair hold out a different number of fingers. See which partner can add up the total number of fingers in their pair first. To make it more challenging, have partners use both of their hands. To make it even more challenging, have students multiply their numbers.

Source: Modified from Kidsfit www.abllab.com

