

Can you find all 15 words below?

Each time you find a word, complete the activity for 15 seconds!!

- ARM CIRCLES
- BUNNY HOPS
- CRABWALK
- CRUNCHES
- DANCING
- HIGH KNEES
- JUMP ROPE
- JUMPING JACKS
- LUNGES
- MARCH IN PLACE
- PLANK
- PUSH-UPS
- RUN IN PLACE
- SQUATS
- STEP-UPS

T	J	U	M	P	R	O	P	E	L
O	A	T	N	L	I	C	T	N	J
M	L	O	N	A	T	R	E	T	U
A	S	I	C	N	K	A	N	A	M
R	B	F	T	K	S	B	R	J	P
C	G	S	Y	A	E	W	N	Y	I
H	D	Q	E	L	W	A	D	O	N
I	N	U	X	C	B	L	M	Z	G
N	T	A	H	I	R	K	A	C	J
P	A	T	V	S	I	N	N	R	A
L	Q	S	T	E	P	U	P	S	C
A	W	P	W	O	T	J	T	P	K
C	B	U	N	N	Y	H	O	P	S
E	N	K	X	A	F	J	S	N	E
I	L	C	B	S	E	R	Y	I	K
Y	P	S	M	J	O	U	H	Q	B
F	H	I	G	H	K	N	E	E	S
T	I	F	R	L	R	I	D	X	A
S	X	A	B	P	G	N	F	T	R
K	P	U	S	H	U	P	S	L	C
R	E	G	A	O	I	L	I	W	T
J	L	R	V	F	S	A	H	D	J
G	C	T	N	O	J	C	B	A	I
R	V	S	Z	L	C	E	P	N	O
L	N	I	P	T	B	G	N	C	E
I	L	U	N	G	E	S	R	I	B
H	A	N	K	T	N	L	F	N	
T	M	O	S	Y	F	N	I	G	O
C	R	U	C	H	E	S	V	C	S

Awesome job!!
Be sure to mark
your scorecard by
coloring in 1 rung
on the ladder!!

