

## Classroom Activities



# Mingle Mingle

Suggested Levels: 8-12

Time: 5-10 minutes

Curriculum & Movement Integration

Equipment: none needed (but feel free to incorporate music)

Objective: Promotes movement to refocus the brain while practicing key foundations. This is a great exercise in reviewing class material.

Description: On the word “go” (or when music starts), students must walk around the room. When you say “stop” (or when music is turned off), students must pair up with the person closest to them. Tell them a topic to discuss/review. After a minute, have them walk around the room again. Once you have them stop, they must pair up with the person closest to them. This person must be a different partner than before. This time, they must tell their new partner what their first partner had shared. Optional- Have students continue to walk around once again, but give them a new topic to discuss.

Modification: This is a great icebreaker for students to meet each other at a start of a new semester. Have students provide their name and something about them.

Source: *Modified from Kidsfit* [www.abllab.com](http://www.abllab.com)