

# Classroom Activities



## Match Up

Suggested Levels: 5-12

Time: Less than 5 minutes

Curriculum & Movement Integration

Objective: Promotes movement to refocus the brain while integrating classroom curriculum.

Equipment: 2 sets of index cards- one with vocabulary words / one with definitions

Description: After dividing the class in half, give one half a stack of vocabulary words. Give the other half of the class the definitions. Make sure there are enough cards so that each student has a card. Then instruct students to move around and match up the correct word and definition. Once everyone has found the correct match, have them go back to their original group with their index cards and trade with someone else. The students must continue matching and switching for as long as time allows.

Modifications: This can be done using math problems as well.

Source: Modified from Kidsfit [www.abllab.com](http://www.abllab.com)