



Classroom Activities



ACTING OUT

Suggested Levels: 3-12

Time: Less than 5 minutes

Curriculum & Movement Integration

Equipment: Classroom reading material

Objective: Promotes movement to refocus the brain while integrating classroom curriculum.

Description: Read a paragraph or page of a book, and every time an action verb comes up, the students have to act it out.

Source: Modified from Colorado Legacy Foundation's Take a Break! Teacher Toolbox