



commit to be fit

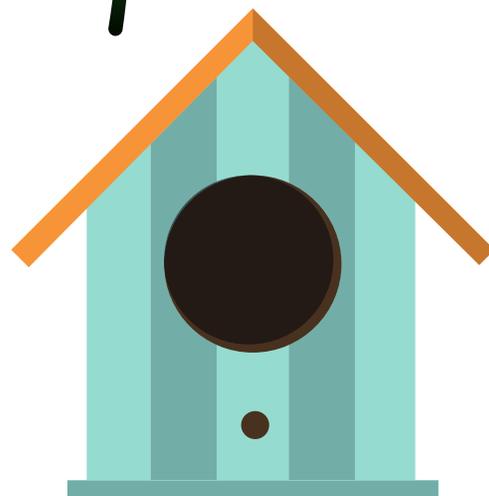
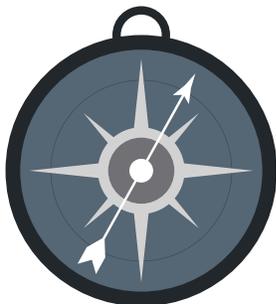
Student Wellness Activities

Find a New Hobby

This is a great time to try a new outdoor activity!

Ideas

- Badminton
- Basketball
- Biking
- Camping
- Corn hole
- Disc golf
- Fishing
- Gardening
- Golf
- Juggling
- Landscape painting or drawing
- Orienteering
- Outdoor photography
- Rock collecting
- Rollerskating
- Soccer
- Tennis
- Ultimate frisbee
- Wood working



Be sure to mark your scorecard by coloring in one rung on the ladder.