



commit to be fit

Student Wellness Activities

SCAVENGER HUNT

STEP 1

Have your parent decide if the scavenger hunt will be indoors or outdoors.



STEP 2

Have your parent make a list of items to find in your environment.

Ideas could include: textures (*ex. something smooth*), shapes (*ex. something square*), colors (*ex. something red*), or specific items (*ex. rock*)



STEP 3

Once you have your list, see how quickly you can find all of the items. HAVE FUN!

Be sure to mark your scorecard by coloring in one rung on the ladder.