

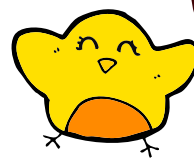
commit to be fit

Student Wellness Activities

SCORECARD

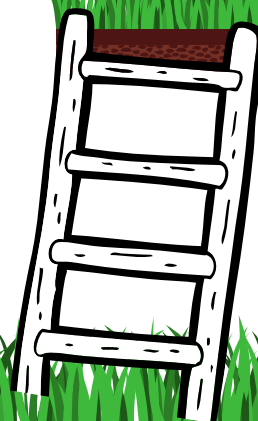
Instructions: For every C2BF wellness activity you complete, color in 1 rung of the ladder. Can you reach the top (rung 12) before you return to school?

Awesome job!
You did it!



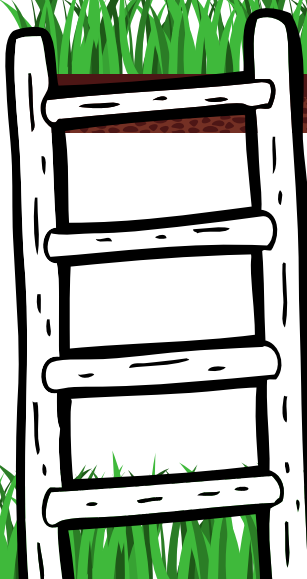
GOLD LEVEL

12
11
10
9

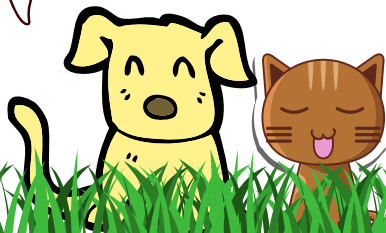


8
7
6
5

SILVER LEVEL



You're doing
great!



4

3

2

1

Start here

You are off to a
good start!



BRONZE LEVEL

