



# Walking Worksheets

Suggested Levels: 2-12

Time: 5-10 minutes

Curriculum & Movement Integration

Equipment: Worksheets and tape

Objective: Promotes movement to refocus the brain while integrating classroom curriculum.

Description: Tape worksheets on wall (or easel, chalkboard, white board) around the classroom. Students walk from worksheet to worksheet, read the questions, and record their answers on their own sheet of paper.

Source: Modified from <http://www.coloradoedinitiative.org>