



commit to be fit

Staff Activities CALENDAR

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Thrive Tribe (9/30) 3:45 pm RCES Rm. 1 Challenge SIGN-UP Ends	1 Staff Challenge Begins	2 Staff Hike-Stoney Man <i>Sign-up required</i> <i>*weather permitting</i>	3	4 Headwaters Monster Mash Fun Run Dash
5	6 Staff BINGO 3:45 pm RCHS Rm. 8	7 Pickleball Rapp Park- 3:45 pm <i>*weather permitting</i>	8	9	10	11
12	13 <i>No School</i>	14	15	16 Circuit 3:45 pm RCHS 110	17	18
19	20	21 BINGO 3:45 pm	22 Strength Training 3:45 pm RCHS Rm. 110	23	24	25
26	27*	28	29	30	31 Staff Challenge Ends	

More information and sign-up forms (if applicable) will be shared by email closer to the event time. We hope you will join us! For more information or any of the offerings, contact Holly at hjenkins@rappahannockschoools.us or Jerney at jgates@rappahannockschoools.us

*Stay tuned, we are reserving the final week of October for an additional offering.