

Classroom Activities



Funny Faces

Suggested Levels: 5-12

Time: Less than 5 minutes

Foundation: Vestibular Development

Equipment: none needed

Objective: Promotes movement to refocus the brain while practicing key foundations.

Description: Pair up students and have them stand back to back. Instruct the students to make a face of their choice- either sad, angry, or happy. On the count of three, have the students spin to face one another and see if their faces match. Have them continue doing this until their expressions match.

Source: Modified from Kidsfit www.abllab.com